

GIVE HOME WINGS 2022 CANADA COAST TO COAST

Give Hope Wings 2022 Canada Coast to Coast																		
Leg	Day	Weekday	Date	From	From	To	Over nights	To	Distance	Accum	Time @ 100.0	Accum	Day Total	Time @ 130.0	Accum	Day Total	Hotels	THE ATTRACTIONS
Western Stage - Victoria to Toronto																		
Naut Miles 2352																		
Hours 23.5																		
June																		
1	1	Mon	6	Victoria	YYJ	Kelowna		YLW	177		1.8			1.4				BC Aviation + Viking Museums
2	1	Mon	6	Kelowna	YLW	Williams Lake		YWL	168	345	1.7	3.5		1.3	2.7		June 5 - Victoria Sidney Pier Hotel	
3	1	Mon	6	Williams Lake	YWL	Prince George	1	YXS	105	450	1.1	4.5	4.5	0.8	3.5	3.5		Courtyard by Marriott
4	2	Tues	7	Prince George	YXS	Fort St. John		YXJ	156	606	1.6	6.1		1.2	4.7			Northern Rockies Lodge
5	2	Tues	7	Fort St. John	YXJ	Fort Nelson / Muncho Lake	2	YYE	167	773	1.7	7.7	3.2	1.3	5.9	2.5		
6	4	Thur	9	Fort Nelson / Muncho Lake	YYE	Peace River		YPE	230	1003	2.3	10.0		1.8	7.7			
7	4	Thur	9	Peace River	YPE	Lac La Biche	1	YLB	204	1207	2.0	12.1	4.3	1.6	9.3	3.3		TBD
8	5	Fri	10	Lac La Biche	YLB	Harold Fast Farm		HM2	182	1185	1.8	11.9		1.4	9.1			
9	5	Fri	10	Harold Fast Farm	HM2	Tisdale		JY3	130	1337	1.3	13.4		1.0	10.3			
10	5	Fri	10	Tisdale	JY3	Gimli	2	YGM	293	1630	2.9	16.3	6.1	2.3	12.5	4.7		Lakeview Gimli Resort
11	7	Sun	12	Gimli	YGM	Kakabeka Falls		KG8	320	1950	3.2	19.5		2.5	15.0			Gimli Museum
12	7	Sun	12	Kakabeka Falls	KG8	Sault Ste. Marie	1	YAM	302	2252	3.0	22.5	6.2	2.3	17.3	4.8		Delta Waterfront
13	8	Mon	13	Sault Ste. Marie	YAM	Goderich		YGD	245	2497	2.5	25.0		1.9	19.2			
14	8	Mon	13	Goderich	YGD	Toronto City Centre	2	YTZ	100	2352	1.0	23.5	3.5	0.8	18.1	2.7		Westin Harbour Castle
Eastern Stage - Toronto - NFLD - St. Jean (Option 1) * See note below																		
Naut Miles 2777																		
Hours 27.8																		
Days 11.0																		
June																		
1	1	Wed	15	Toronto City Centre	YTZ	Niagara Falls		YSN	60	60	0.6	0.6		0.5	0.5			The Falls
2	1	Wed	15	Niagara Falls	YSN	North Bay		YYB	215	275	2.2	2.8		1.7	2.1			
3	1	Wed	15	North Bay	YYB	Ottawa	2	YOW	180	455	1.8	4.6	4.6	1.4	3.5	3.5		Sheraton Ottawa
4	3	Fri	17	Ottawa	YOW	Fredericton		YFC	386	841	3.9	8.4		3.0	6.5			
5	3	Fri	17	Fredericton	YFC	Halifax	2	YHZ	141	982	1.4	9.8	5.3	1.1	7.6	4.1		Courtyard by Marriott
6	5	Sun	19	Halifax	YHZ	Sydney		YQY	165	1147	1.7	11.5		1.3	8.8			
7	5	Sun	19	Sydney	YQY	St Andrews		CDA5	101	1248	1.0	12.5		0.8	9.6			
8	5	Sun	19	St Andrews	CDA5	St John's	3	YYT	266	1514	2.7	15.1	5.3	2.0	11.6	4.1		Courtyard by Marriott St. Johns
9	8	Wed	22	St John's	YYT	Deer Lake		YDF	209	1723	2.1	17.2		1.6	13.3			Lester's Field
10	8	Wed	22	Deer Lake	YDF	St Anthony		YAY	140	1863	1.4	18.6		1.1	14.3			
11	8	Wed	22	St Anthony	YAY	Goose Bay	1	YJR	197	2060	2.0	20.6	5.5	1.5	15.8	4.2		Royal Inn and Suites
12	9	Thur	23	Goose Bay	YJR	Sept-Iles		YZV	286	2346	2.9	23.5		2.2	18.0			
13	9	Thur	23	Sept-Iles	YZV	Rivière-du-Loup	1	YRI	218	2564	2.2	25.6	5.0	1.7	19.7	3.9		Hotel Levesque
14	10	Fri	24	Rivière-du-Loup	YRI	Saint-Jean-sur-Richelieu	2	YJN	213	2777	2.1	27.8	2.1	1.6	21.4	1.6		Quality Hotel
Summary																		
NM Stage 1 2352 23.5																		
NM Stage 2 2777 27.8																		
Total 5129 51																		

Eastern Stage - Toronto - Maritimes - St. Jean (Option 2) * See note below																		
Naut Miles 2188																		
Hours 21.9																		
Days 11.0																		
June																		
1	1	Wed	15	Toronto City Centre	YTZ	Niagara Falls		YSN	60	60	0.6	0.6		0.5	0.5			The Falls
2	1	Wed	15	Niagara Falls	YSN	North Bay		YYB	215	275	2.2	2.8		1.7	2.1			

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Leg	Day	Weekday	Date	From	From	To	Over nights	To	Distance	Accum	100.0	Accum	Day Total	130.0	Accum	Day Total			Hotels	THE ATTRACTIONS
3	1	Wed	15	North Bay	YSN	Ottawa	2	YOW	180	455	1.8	4.6	4.6	1.4	3.5	3.5			Sheraton Ottawa	Cdn Aviation/Space Museum
4	3	Fri	17	Ottawa	YOW	Fredericton		YFC	386	841	3.9	8.4		3.0	6.5					
5	3	Fri	17	Fredericton	YFC	Halifax	2	YHZ	141	982	1.4	9.8	5.3	1.1	7.6	4.1			Four Points by Sheraton Halifax	Atlantic Canada Aviation Museum
6	5	Sun	19	Halifax	YHZ	Sydney	1	YQY	165	1147	1.7	11.5	1.7	1.3	8.8	1.3				
7	6	Mon	20	Sydney	YQY	Fox Harbour		FH4	152	1299	1.5	13.0		1.2	10.0					
8	6	Mon	20	Fox Harbour	FH4	Charlottetown	2	YYG	30	1329	0.3	13.3	1.8	0.2	10.2	1.4			Delta Charlottetown	
9	8	Wed	22	Charlottetown	YYG	Sept-Iles	1	YZV	428	1757	4.3	17.6	4.3	3.3	13.5	3.3				
10	9	Thur	23	Sept-Iles	YZV	Rivière-de-Loup	1	YRI	218	1975	2.2	19.8	2.2	1.7	15.2	1.7			Hotel Levesque	
11	10	Fri	24	Rivière-de-Loup	YRI	Saint-Jean-sur-Richelieu	2	YJN	213	2188	2.1	21.9	2.1	1.6	16.8	1.6			Quality Hotel	COPA Convention

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Legend

Yellow	Overnight
Blue	Lunch
Green	Fuel
	Waypoint (no stop)

Note: * Stage 2 has 2 options after Halifax.

Option 1 is to fly to Newfoundland and Labrador for 4 days. This option is recommended for IFR pilots due to the unpredictable weather in Newfoundland.

Option 2 is to stay in the Maritimes for 4 days and then catch up with the group in Sept Iles